

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# August 2018

## Braemar Nursing Home Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Balance Class 10:00 Hand Massages 10:30 Fun & Fitness 2:00 Whiteboard Games 6:30 Bible Hour	2 10:00 Ladies Coffee  10:15 Exercises with Julie & Travis  2:00 Country Traditions	3 9:30 Balance Class 10:00 Outdoor Walks 10:30 Strength Class 2:00 Games Afternoon	4 2:00 Popsicles and Trivia on the Patio
5 2:00 Wingham Bible Chapel Church Service	6	7 2:00 BINGO  6:30 Pub Night	8 9:30 Balance Class 10:30 Fun & Fitness 2:00 Euchre 6:30 Bible Hour	9 10:15 Exercises with Julie & Travis  2:00 Root beer Floats on the Patio	10 9:30 Balance Class 10:00 Outdoor Walks 10:30 Strength Class 2:00 Keyboard Visits	11 2:00 Darts
12 2:00 St. Andrews Presbyterian Church Service	13 9:30 Balance Class 10:00 Sensory Stim 10:30 Strength Class 2:00 BINGO 6:30 Happy Gang	14 2:00 Birthday Party  6:30 Campfire – weather permitting	15 9:30 Balance Class 10:00 Manicures 10:30 Fun & Fitness 2:00 Residents Council & Food Committee 6:30 Bible Hour	16 10:00 Ladies Coffee  10:15 Exercises with Julie & Travis  2:00 Country Traditions	17 9:30 Balance Class 10:00 1:1 Visits / Word Puzzles 10:30 Strength Class 2:00 Sundaes on the Patio	18 2:00 Jazzercise with Michelle
19 2:00 Church Service with Hillie	20 9:30 Balance Class 10:30 Strength Class 2:00 BINGO	21 2:00 Chit Chat Cafe  6:30 Patio Games	22 9:30 Balance Class 10:30 Fun & Fitness 2:00 Euchre 6:30 Bible Hour	23 10:15 Exercises with Julie & Travis  2:00 Cathy Kempert to Entertain	24 9:30 Balance Class 10:00 Manicures 10:30 Strength Class 2:00 Michelle's Wedding	25 2:00 Walk & Talk with Kailey
26 2:00 Wingham United Church Service	27 9:30 Balance Class 10:00 Sensory Stim 10:30 Strength Class 2:00 BINGO 6:30 Woodworking	28 2:00 Garden Visits  6:30 Campfire – weather permitting	29 9:30 Balance Class 10:00 Sensory Stim 10:30 Fun & Fitness 2:00 Bean Bag Toss	30 <b>Outing – TO BE ANNOUNCED</b>	31 9:30 Balance Class 10:00 Calendar Delivery 10:30 Strength Class 2:00 Wine & Cheese	<b>Happy Birthday</b> Jessie Sillick – 4 <sup>th</sup> Bob Scheffer – 7 <sup>th</sup> Joe Mitchell – 11 <sup>th</sup> Marie Christie – 16 <sup>th</sup> Marcia Dawson – 25 <sup>th</sup>